

## **2025 DanceWorks Lab Post Dance Team Season Competitive Team**

“DWL” is a competitive dance team offered after the high school season. There is NO audition required for the 2025 season. This team is coached by Danielle Nelson and Mikayla Koles and will meet on Tuesdays for Technique and Rehearsal. The team will compete twice in May & perform in our recital. Specific dates and details below!

### **Registration: Due 2/10/2025**

- **Costume/Competition Fee/Recital Fee (\$380 total)** *\*due at time of registration to secure your spot on the competitive team - see details below*
- No audition, previous dance experience required
- Dancers should have the following skills:
  - *At least a double Pirouette on the Right*
  - *Technical Battement (high kick) on Right and Left*
  - *Left and Right Chaine Turns*
  - *Left and Right Straight Leaps*
  - *Right Calypso (sometimes called “attitude leap”)*
  - *Ability to follow counts (1-8) and pick up choreography*
  - *Ability to be a positive team member and attend rehearsals*

### **Parent & Dancer Team Info. Meeting:**

- Tuesday Feb. 11 at 8:15 PM
- This meeting will review all dates, fees, and details on this team
- Dancers and parents will meet teammates & coaches

### **Required Choreography Rehearsals - Mandatory:**

- Saturday, February 22 from 10:00 AM - 2:00 PM
- Tuesday, February 25 from 4:30 - 7:00 PM
- Pack water, jazz shoes, snacks, and a lunch/snacks for breaks

### **Required Classes - Tuesday Nights:**

- **Technique:** 4:30 - 5:30 PM
  - Instructor: Mikayla Koles
- **Choreography/Rehearsal:** 5:30 - 7:00 PM
  - Coaches: Danielle Nelson & Mikayla Koles

**Note:** only register online for DanceWorks Lab - this will automatically include your technique class & rehearsal. Please do not register for “Technique Tuesday.”

**Optional Opportunities:** solo/duet/trio details will become available upon registration

### **Class Dates:**

**Technique & Rehearsal:** 3/4, 3/11, 3/18, 3/25, 4/8, 4/15, 4/22, 4/29, 5/6, 5/13, 5/20, 5/27

- 4/29, 5/6, and 5/13 are **mandatory** (weeks before/between competitions)
- Please note there are two choreography dates (Sat. 2/22 & Tues. 2/25) before we begin meeting for our regular Tuesday classes

- DanceWorks is closed for District 194 spring break on Tuesday, April 1st. We will be understanding of absences for other school district spring breaks :)

**Competitions/Recital: Required**

- Competition: Showbiz Dance Competition - Minneapolis Convention Center (May 1st - 4th)
- Competition: Bravo Dance Competition - Burnsville Ames Center (May 15th - 19th)  
*\*will not conflict with prom on 5/17*
- Recital: Saturday, May 31st at Lakeville North High School

**Tuition**: \$140/month (March - May, includes all technique + rehearsal classes) - 3 payments of \$140 will be due on March 5th, April 5th, and May 5th

**Costume/Competition/Recital Fee Breakdown: \$380**

- Due at time of registration (deadline - 2/10/25)
- This one time payment includes the following:
  - Showbiz and Bravo competition entry fees
  - Choreography rehearsals on 2/22 & 2/25
  - Competition costume & accessories
  - DWL t-shirt (customized with last name on back)
  - Recital t-shirt
  - Professional recital video/recital content